



# HIGHLANDS

SENIOR LIVING & HOME HELPERS

JUNE 2026  
NEWSLETTER



## Here's what has happened in the last month and what's to come!

This past month, our community embraced the beauty of the season by spending meaningful time planting flowers, adding color, life, and smiles to our surroundings. We also shared in the joy of togetherness through delicious food celebrations that brought residents, families, and staff together. One of our most cherished highlights was hosting our first annual Mother's Day Tea Party, a beautiful and heartfelt celebration filled with elegance, laughter, sweet treats, and appreciation for the incredible mothers and women in our community. It was a month blooming with connection, celebration, and wonderful memories.

This month we look forward to hosting a eventful night to learn the importance of dementia awareness. An informative and supportive evening focused on dementia awareness, education, and planning for the future. With Father's day around the corner, we're excited to celebrate Father's Day with a special Grandpas & Grandsons Fishing Trip, creating memories, sharing laughs, and enjoying quality time together outdoors!

# SUMMER

# A MESSAGE FROM OUR EXECUTIVE DIRECTOR



As summer begins to settle in, June brings a refreshing sense of warmth, energy, and new opportunities to connect within our community.

May was a month full of connection and meaningful moments. From shared laughter during activities to the everyday interactions that brighten our days, it was a true reminder of the strong sense of community we are fortunate to have. I want to sincerely thank our team members for their compassion, dedication, and the exceptional care they provide each and every day.

In June, we look forward to a variety of engaging activities and events designed to bring joy, creativity, and connection to our residents. Whether it's outdoor gatherings, games, music, or simply spending time together, there will be many opportunities to make lasting memories. We also celebrate Father's Day this month and look forward to honoring all the wonderful fathers and father figures in our community.

To our families, thank you for your continued trust and support. Your involvement plays such an important role in the happiness and well-being of your loved ones. We encourage you to join us for upcoming events and stay connected with all that's happening.

As always, our commitment remains centered on providing a safe, compassionate, and engaging environment for everyone who calls our community home. If you ever have questions, feedback, or just want to connect, my door is always open.

Wishing you all a joyful, sunny, and fulfilling June.

*-Erica Whatley McDaniel*  
Executive Director

# HIGHLANDS

## ▶▶▶ HAPPY BIRTHDAYS



TERRY



STEVE



JANET

### Staff Birthdays

Nisha Hanner- June 24  
Faith Freeman- June 28  
Kell Dennis- June 30



SHARON



# HIGHLANDS

## DIETARY

WEEK 1  
5/31- 6/6

WEEK 2  
6/7-6/13

WEEK 3  
6/14-6/20

WEEK 4  
6/21-6/27

SUN

B: CINNAMON ROLL WITH SAUSAGE  
L: BBQ PORK CHOPS  
D: BEEF ROAST

B: CINNAMON ROLL WITH SAUSAGE  
L: PINTO BEANS  
D: COUNTRY FRIED STEAK

B: FRENCH TOAST WITH BACON  
L: BBQ CHICKEN LEGS  
D: STUFFED BELL PEPPERS

B: GRITS AND SAUSAGE  
L: CHICKEN SALAD CROSS'WICH  
D: BEEF TIPS WITH GRAVY

MON

B: GRITS  
L: SHRIMP ALFREDO  
D: HAM CHEF COBB SALAD

B: OATMEAL  
L: GRILLED CHICKEN CLUB  
D: SWEET POTATOES

B: GRITS AND SAUSAGE  
L: LEMON PEPPER BAKED CHICKEN  
D: MEAT SPAGHETTI

B: CEREAL WITH FRESH FRUIT  
L: FRIED CHICKEN  
D: HAM & CHEESE SANDWICH

TUE

B: PANCAKES  
L: PEPPERONI PIZZA  
D: HAM & CHEESE SANDWICH

B: PANCAKES & BACON  
L: BBQ PORK RIBS  
D: PEPPERONI PIZZA

B: MUFFINS WITH ORANGE SLICES  
L: ROASTED PORK LOIN W/ GRAVY  
D: CHICKEN TORTELLINI

B: CEREAL WITH FRESH FRUIT  
L: MIXED BEANS WITH VEGGIES  
D: FRIED CHICKEN TENDERS

WED

B: SAUSAGE GRAVY BISCUIT  
L: PINTO BEANS  
D: GLAZED MEATLOAF

B: SAUSAGE GRAVY BISCUITS  
L: SLAW DOGS  
D: GLAZED HONEY HAM

B: SAUSAGE GRAVY BISCUITS  
L: DELUXE CHEESEBURGER  
D: GLAZED HAM

B: SAUSAGE GRAVY BISCUIT  
L: STRAWBERRY CHICKEN CHEF SALAD  
D: BAKED FISH

THU

B: MUFFINS WITH FRESH FRUIT  
L: BAKED FISH  
D: BAKED CHICKEN LEGS

B: MUFFINS WITH FRESH FRUIT  
L: SHRIMP AND GRITS  
D: DECONSTRUCTED CHICKEN POT PIE

B: HASHBROWN AND BACON  
L: CHICKEN & DUMPLINGS  
D: BEEF LASAGNA

B: GRITS AND BACON  
L: CHICKEN AND DRESSING  
D: BBQ PORK CHOPS

FRI

B: HASHBROWN AND SAUSAGE  
L: TACO CASSEROLE  
D: FRIED CHICKEN

B: HASHBROWN AND SAUSAGE  
L: CHICKEN COBB SALAD  
D: ROASTED PORK CHOPS

B: PANCAKES AND SAUSAGE  
L: HERB ROASTED PORK LOIN  
D: BBQ CHICKEN TENDERS

B: HASHBROWN AND GRITS  
L: SLOPPY JOE SANDWICH  
D: HAMBURGER STEAK WITH GRAVY

SAT

B: GRITS WITH SAUSAGE  
L: CHICKEN AND DUMPLINGS  
D: VEGGIE LASAGNA

B: GRITS WITH BACON  
L: PHILLY CHEESESTEAK SANDWICH  
D: FRIED FISH

B: FRENCH TOAST & BACON  
L: MIXED BEANS WITH COLESLAW AND CORNBREAD  
D: SMOTHERED PORK CHOPS

B: OATMEAL AND FRESH FRUIT  
L: VEGGIE LASAGNA  
D: SMOKED HAM

# HIGHLANDS

## HIGHLIGHTS



# HIGHLANDS

## ACTIVITIES



As your Activities Director, I am excited for all the fun and meaningful engagement this month will bring! We will be focusing on strengthening motor skills through creative painting projects and friendly corn hole competitions designed to encourage movement, coordination, and enjoyment. We are also looking forward to celebrating our dads and father figures with a special fishing trip to a local community college, creating memorable moments together. As the rainy days begin to pass, we plan to welcome more sunshine into our calendar by incorporating additional outdoor activities for our residents to enjoy.

## HIGHLANDS DID YOU KNOW??



### Family Day ! Summer Luau June 27<sup>th</sup> 10am-2pm

Get ready to soak up the sunshine and island vibes at our exciting Summer Luau! Join us for a day full of fun, laughter, and tropical celebration for the whole family! Enjoy a variety of delicious food trucks offering food and refreshing drinks available for self purchase. Little ones can bounce, play, and cool off with inflatables, designed just for small children and fun water activities designed for all ages. Bring your lawn chairs, your favorite summer outfit, and your aloha spirit! Admission is \$2 per person. Don't miss this unforgettable summer event! 🌺☀️🌴



### Father's Day Fishing Trip

We look forward to celebrating the special fathers and father figures in our community with a memorable Grandpas & Grandsons Fishing Trip! This heartwarming outing will be a wonderful opportunity to create lasting memories, share stories, enjoy the outdoors, and celebrate the special bond between the generations. We can't wait to honor Father's Day with laughter, connection, and a little fishing fun! Be sure to follow us on Facebook for all updates. Reach out to Charlesha for more details or to volunteer.



# PERSONAL CARE CALENDAR



## JUNE 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 <b>Kello Summer</b>	2 11AM- One on One meetings 2:30PM- Memory Ball	3 11AM- Ring Ball Toss 2PM- Ice Cream Social with Jennifer Mays from Regency Hospice	4 11AM- Rock Painting 1:30PM- Trivia with Redonna from Transitions Hospice	5 10:30AM- Monthly Health Clinic with Pruitt Hospice 2PM- Nail Day with Celina from Tapestry Hospice	6 10:30- Bible Study with Tom Bing 2PM- Activity Sheets
7 10:30- Sherwood Church Service LIVESTREAM 2PM- Activity Sheets	8 11AM- Craft Corner 2:30PM- Who know's your Caregiver More?	9 10:30AM- Penny Toss 2PM- Bird feeder activity with Traci from Willowbrook	10 11AM- Paint & Sip; light refreshments 2:30PM- Puppy Race	11 11AM- Balloon Badminton 2:30PM- Duck Hunt	12 11AM- Fitness Friday 2:30PM- Resident Council	13 10:30- Bible Study with Tom Bing 2PM- Activity Sheets
14 10:30- Sherwood Church Service LIVESTREAM 2PM- Activity Sheets	15 10:30AM- Baker's Corner 2PM- Nail Day with Traci from Willowbrook	16 10:30AM- Activity with Danielle from Pruitt Health 2PM- Courtyard Walk and Popsicles	17 11AM- Trivia Shuffle 3PM- Front Porch Ice Cream Bar	18 10:30AM- Worship services provided by George with Heyman Hospice 2:30PM- Activity Sheets	19 11AM- Guess Who 2:30PM- Movie and Popcorn	20 10:30- Bible Study with Tom Bing 2PM- Activity Sheets
21 10:30- Sherwood Church Service LIVESTREAM 2PM- Activity Sheets	22 11AM- Penny Toss 2:30PM- Courtyard Sips and Chat	23 10:30AM- Baker's Corner 2PM- Birthday party with Traci from Willowbrook 3PM- Memory Care Birthday party	24 10:30AM- Slots Machine 2PM- Butterbean Auction with Cory from Amedysis Home Health	25 10:30AM- Activity with Kandii from Heyman Hospice 2PM- Bird House Painting	26 10:30AM- Balloon Badminton 2PM- Snow Cones with Ericka Allen from Willowbrook	27 Bible Study with Tom Bing 10:30AM Family Laua 10AM-2PM
28 10:30- Sherwood Church Service LIVESTREAM 2PM- Activity Sheets	29 11AM- Trivia Shuffle 2:30PM- Horseshoe Toss in Courtyard	30 <b>aloha</b>				

**NOTES**

First Friday of every month vitals check June 5th 10:30am

Father's Day Fishing Trip June 18 10AM

CNA Week June 15-19; Shower your caregivers with love all week!

Summer Luau Family Night! June 27<sup>th</sup> 10am-2pm



\*Calendar is always subject to change

# MEMORY CARE CALENDAR



## JUNE 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 <b>Kello Summer</b>	2 10AM- One on One meetings 3PM- Memory Ball	3 10AM- Ring Ball Toss 2PM- Ice Cream Social with Jennifer Mays from Regency Hospice	4 10AM- Painting Craft 2PM- Balloon Badminton	5 11AM- Monthly Health Clinic with Pruitt Hospice 2PM- Nail Day with Celina from Tapestry Hospice;	6 10:30- Bible Study with Tom Bing 2PM- Activity Sheets
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MEMORY CARE

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# HIGHLANDS

## ➤➤➤ HOT SHOTS



### *Rockstar Resident*

#### Eugenia "GiGi" Poole

We are proud to celebrate our wonderful Resident of the Month! Her joyful spirit lights up every room she enters, and she has a special talent for creating a party wherever she goes. She loves to dance, embraces new experiences with excitement, and is always willing to try something new. With a smile worth a thousand words, she brings happiness, laughter, and positive energy to our community each and every day. We are so honored to celebrate the incredible joy she brings to all of us!



### *Employee of the Month*

#### Juleigh Chavin

We are proud to recognize an employee whose quiet dedication and strong work ethic make a lasting impact every day. Dependable, hardworking, and humble, she consistently shows up ready to give her best without seeking recognition or praise. Her calm presence, reliability, and willingness to support those around her do not go unnoticed. She is the kind of employee every team can count on – steady, committed, and always working behind the scenes to help things run smoothly. Her dedication is deeply appreciated and valued.

# MEET THE TEAM!



Erica McDaniel  
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Kayla Burns  
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Marrissa Rampley  
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At the heart of our community is a dedicated management team committed to making this place feel like home. From daily operations to special events and personalized care, our team works behind the scenes (and often front and center!) to ensure every resident feels safe, heard, and valued.